

What Do a Million College Students Tell Us About Sexual Violence? New Insights to Inspire Our Prevention Efforts

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ATIXA National Conference Philadelphia, PA



Campus Prevention Network National Insights Reports

Review of Key Findings and Implications for Practice





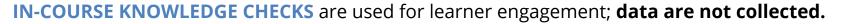




Course Map

SURVEYS measure changes in self-reported attitudes, beliefs, intentions, and behaviors.

ASSESSMENTS measure respondents' knowledge about course objectives and content.





PART 1: Primary Course Content

30-45 days

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PART 2: Survey 3

PRE-COURSE ASSESSMENT

Baseline knowledge

PRE-COURSE SURVEY (S1)

Baseline attitudes, beliefs, intentions, and behaviors



Course Lessons

POST-COURSE SURVEY (S2)

Course Impact items as well as *some* changes from the Pre-Course Survey

POST-COURSE ASSESSMENT

Changes in knowledge as a result of taking the course



FOLLOW-UP SURVEY (S3)

Changes from the first 2 surveys as well as self-reported GPA





The Data Set

Data collected from Pre-Course Surveys from the following Vector Solutions' courses between June 1, 2022 and January 26, 2023:

The State of Sexual and Gender-Based Violence

458,328

Students

383

Colleges & Universities

The State of Diversity, Inclusion & Belonging

238,078

Students

100

Colleges & Universities

The State of Mental Well-Being

91,662

Students

85

Colleges & Universities

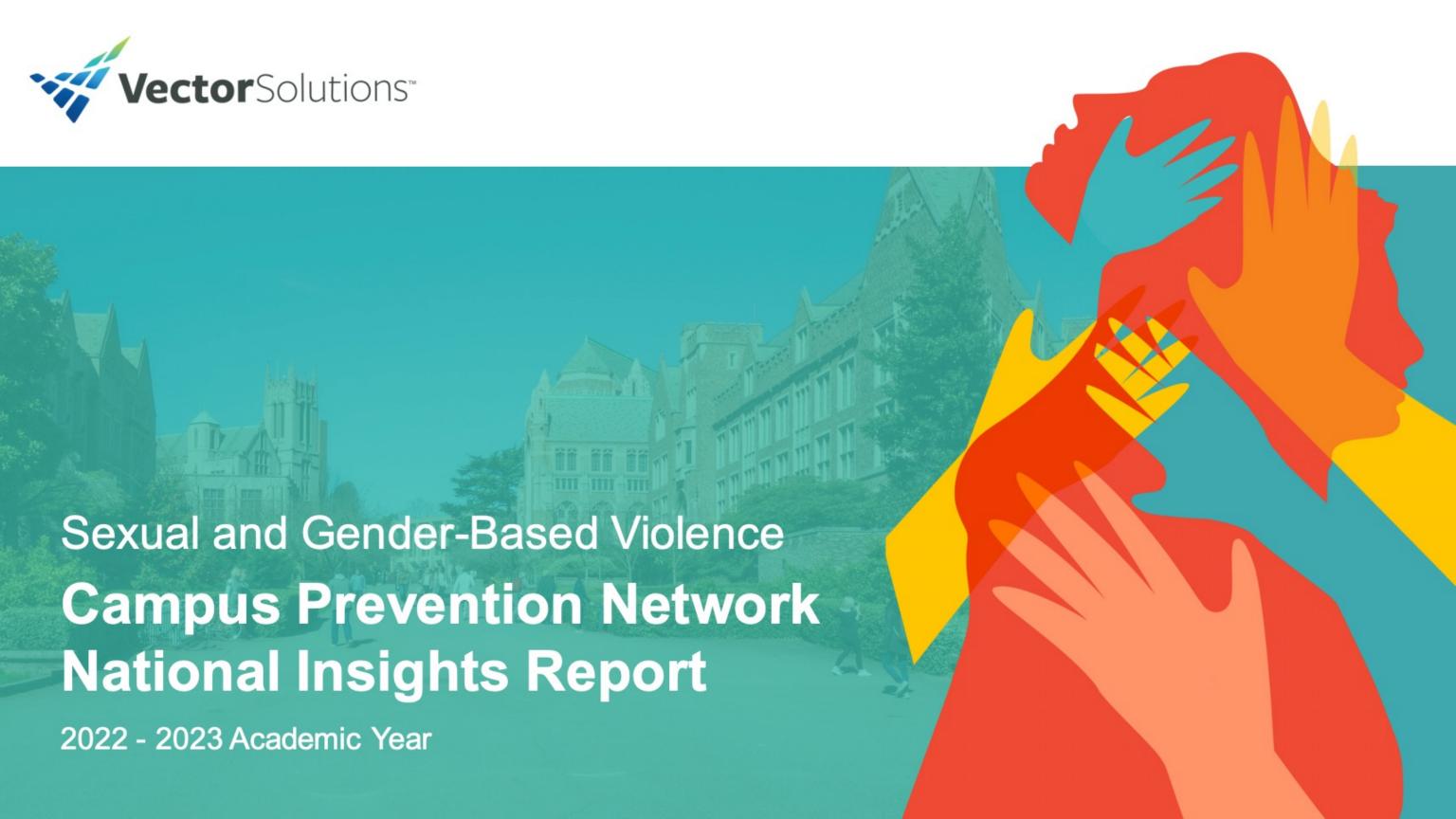
The State of Alcohol Use and Misuse

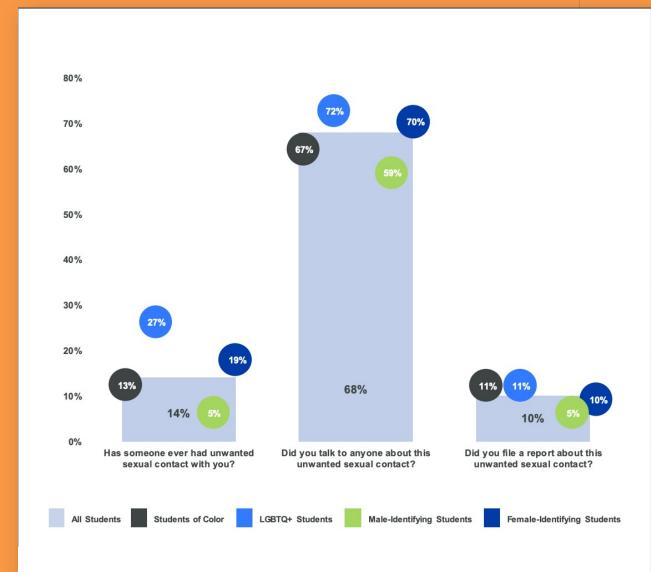
680,201

Students

375

Colleges & Universities



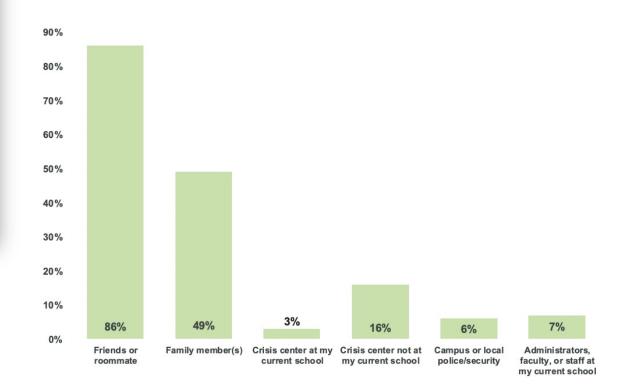


Students Are Most Likely to Turn to Friends or Family for Support

--- Students Who Experience Violence Tell Others, But Do Not Report

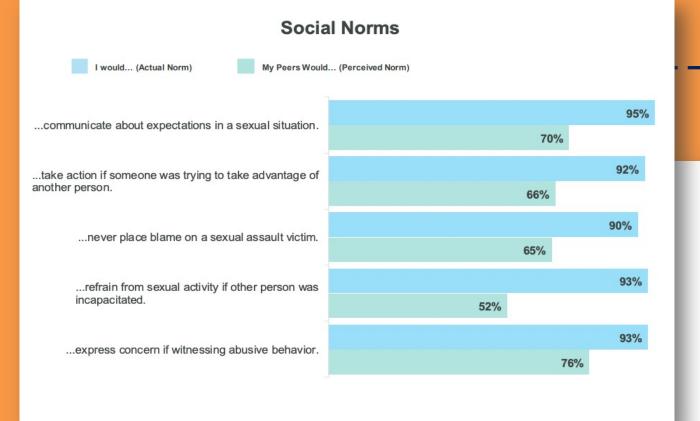
?

Who did you talk to about [your experience of] unwanted sexual contact?

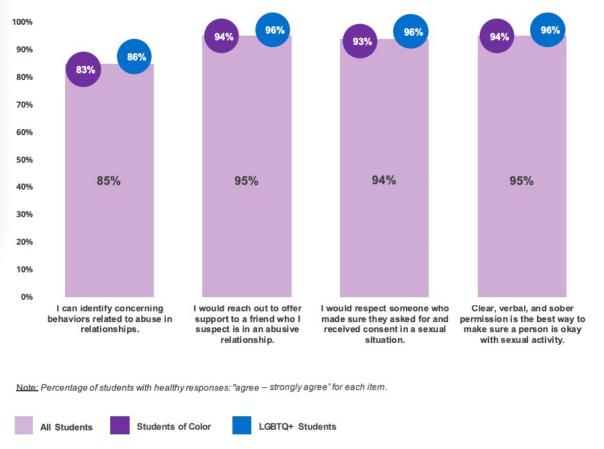


Note: Only students who reported unwanted sexual contact and did tell someone about their experience received this question.
Students could select more than one option.

Students Misperceive Peers' Positive Behavior



Students Endorse
Affirmative Consent &
Support for Peers in
Abusive Relationships



Bystander Intervention Scenario: Female-Identifying Respondents I spoke up when I heard someone saying something I found offensive or demeaning. 1 expressed concern when I saw a person exhibiting abusive behavior toward their partner. 1 helped someone get support or find resources when they told me about an unwanted sexual experience. 1 intervened when I saw someone trying to take advantage of someone else sexually. 95%



Male-identifying
Students Less Likely
To Intervene Across
Spectrum of Behaviors

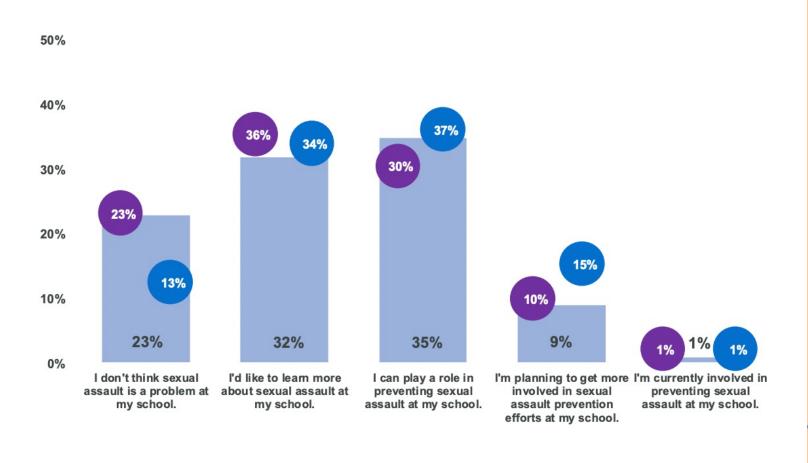


sexually.

I spoke up when I heard someone saying something I found offensive or demeaning. I expressed concern when I saw a person exhibiting abusive behavior toward their partner. I helped someone get support or find resources when they told me about an unwanted sexual experience. I intervened when I saw someone trying to take advantage of someone else 92%

Note: Percentages are of students who indicated they have been present in the described scenario.

Perceptions of Community Readiness



LGBTQ+ Students

Students of Color

All Students



Students Need More

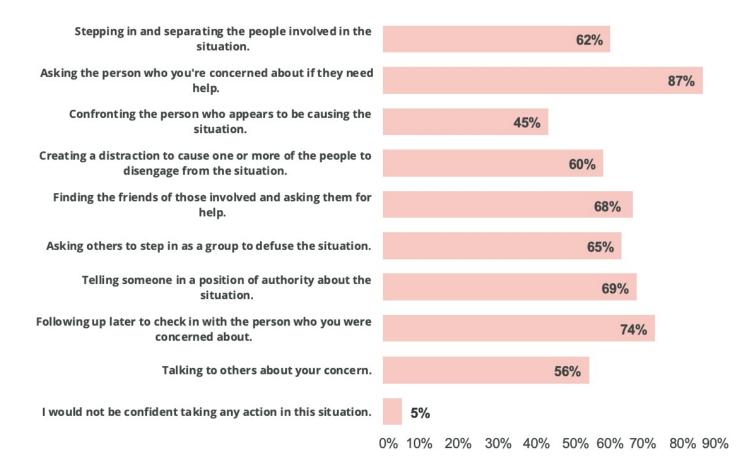
- - O Support In Realizing

Their Interest In

Supporting SAP efforts



If you observe a situation that you believe is, or could lead to, a sexual assault, which of the following behaviors would you be confident engaging in?



Note: Students could select more than one option.



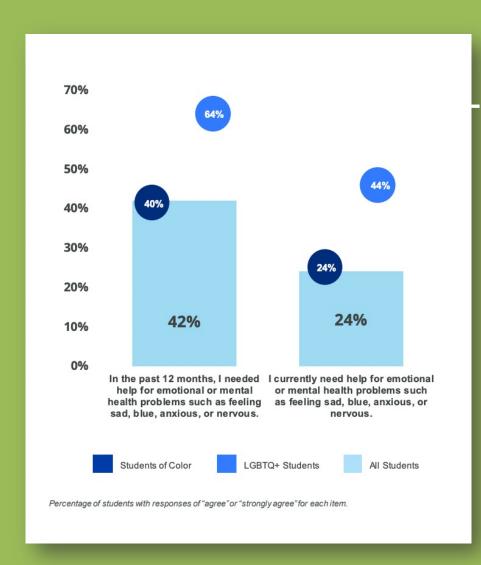


The State of Mental Well-Being

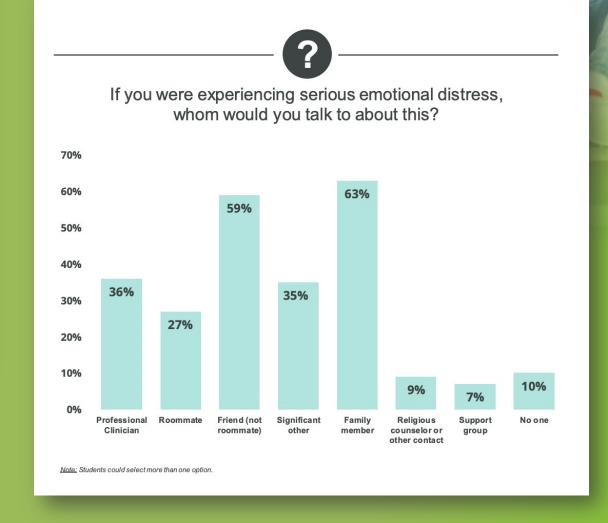
Campus Prevention Network National Insights Report

2022 - 2023 Academic Year

Nearly Half of Students Needed Mental Health Support in the Last Year



Friends and Family
Most Frequent
Sources of Support



The State of Mental Well-Being

Students Underestimate the Positive Beliefs and Perceptions of Peers



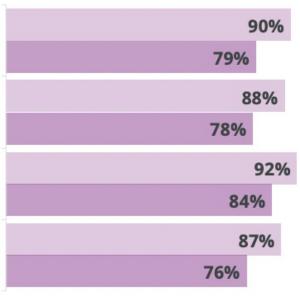
I... (Actual norm) My peers... (Perceived norm)

...believe it is healthy to discuss mental health concerns

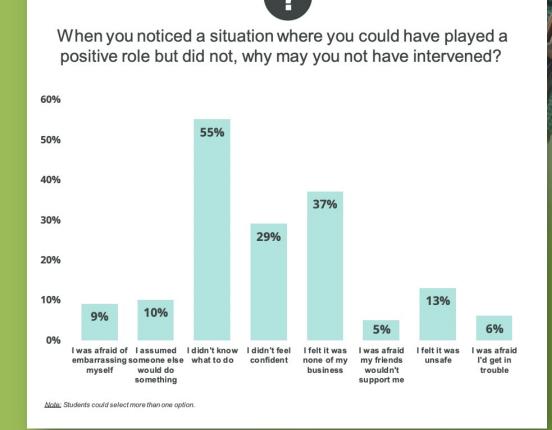
...view mental health as an important priority in their lives

...would support someone if they were seeking help for their mental health

...would NOT think less a of a person who had received mental health treatment



Why Students May Not Intervene



The State of Mental Well-Being

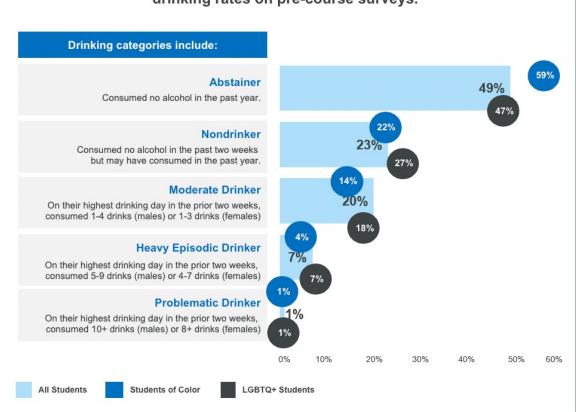




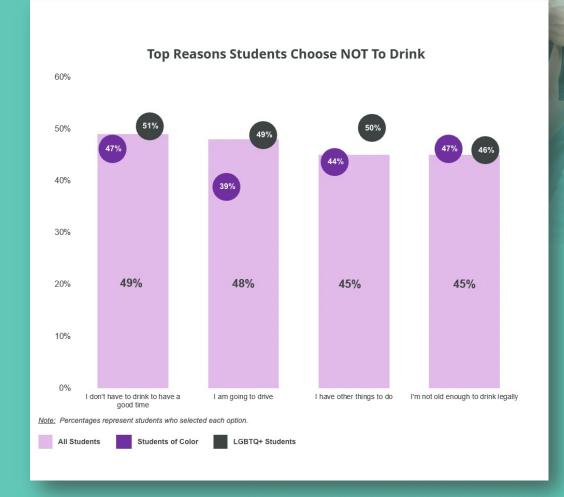
Drinking Rates Signal a Shift in Student Attitudes About Alcohol

?

Considering the College Effect, here is how students reported their drinking rates on pre-course surveys.



Legal and Social
Motivations Top the List
of Reasons Not to Drink

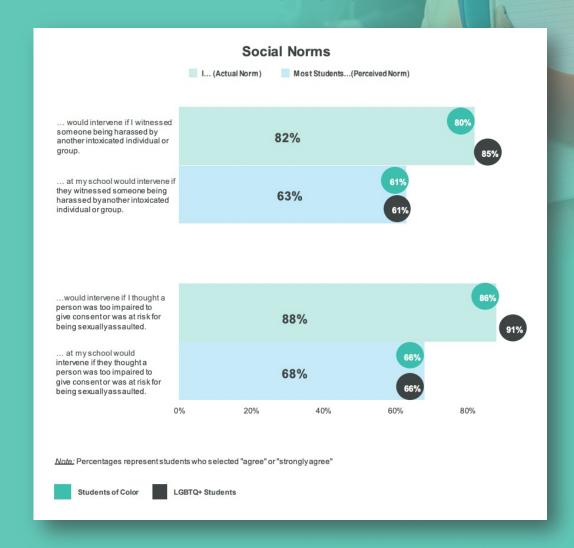


The State of Alcohol Use & Misuse

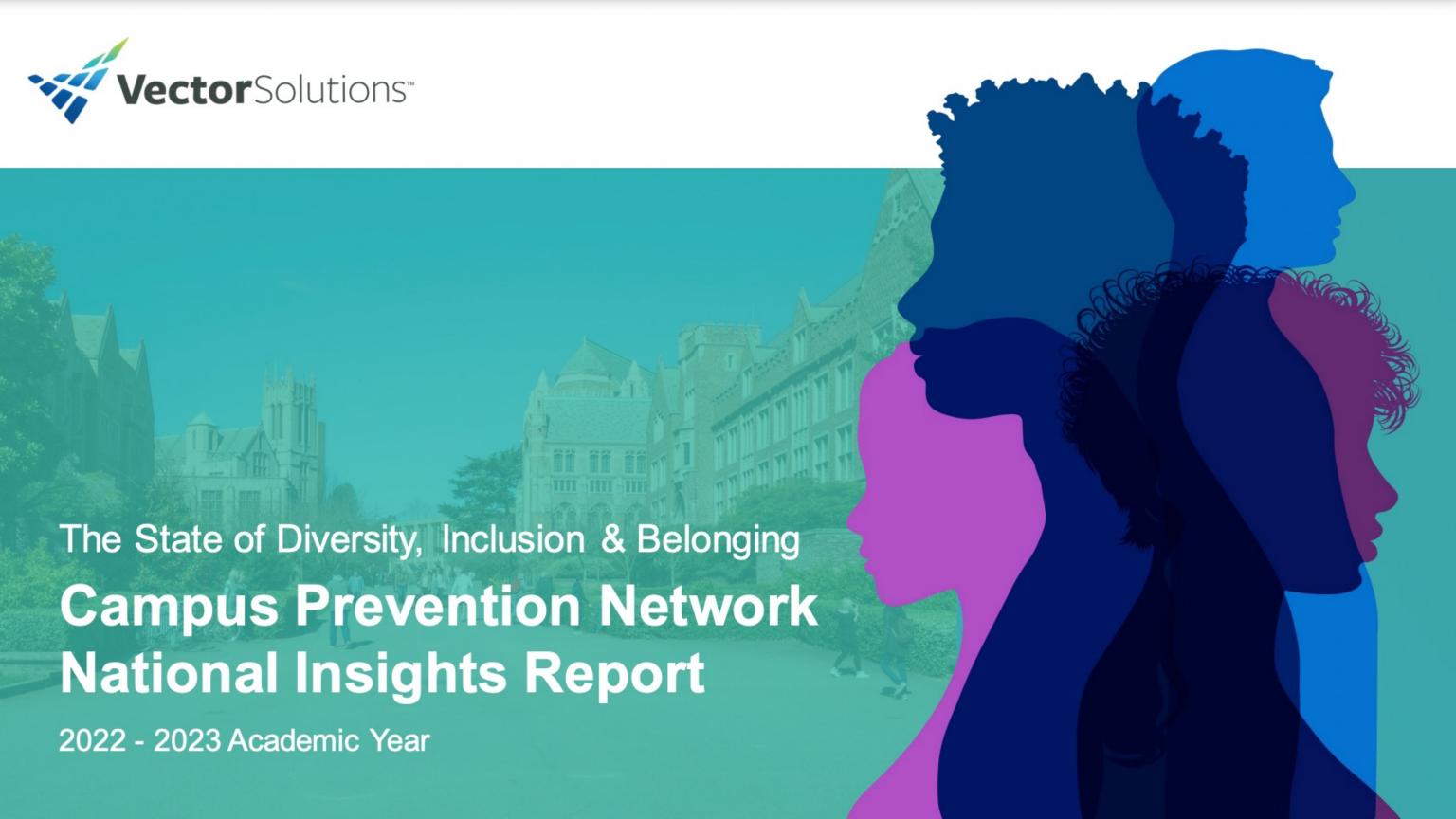
Pregaming, Shots Among the Highest Risk Drinking Behaviors



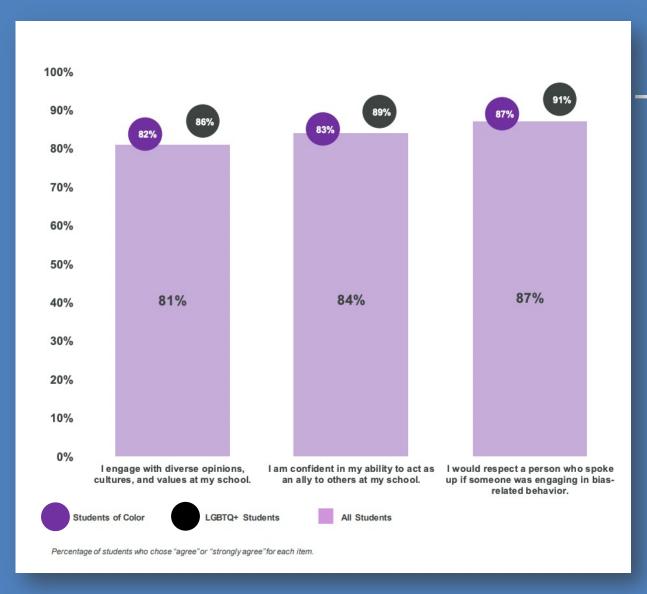
Students Underestimate Their Peers Desire to Intervene



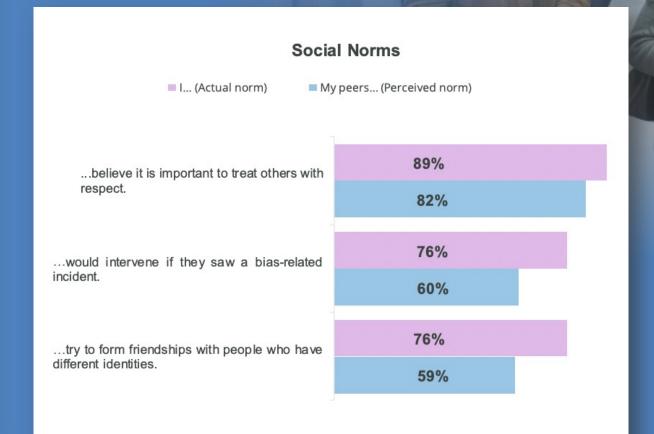
The State of Alcohol Use & Misuse



Students are Engaging In and Supportive of Ally Behavior





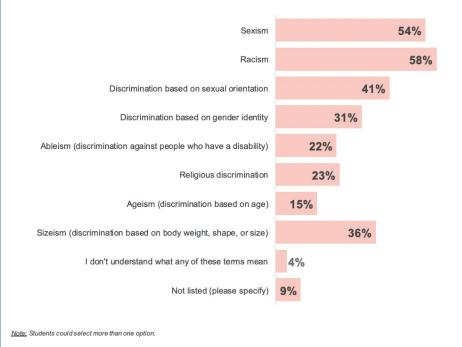


The State of Diversity, Inclusion & Belonging

Students Most Likely to Witness Bias Based on Sex and Race

?

I have witnessed the following types of bias at my school:



Students Use a Range of Approaches in Responding to Bias



The State of Diversity, Inclusion & Belonging



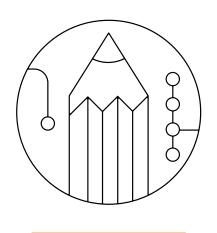
Making Data
Meaningful To
Students &
Other
Stakeholders

• 1-2-4-All

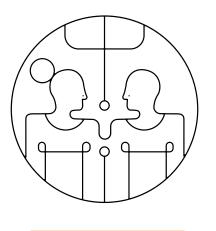
25/10 Crowd-Sourcing

What opportunities do YOU see for taking action on this data?



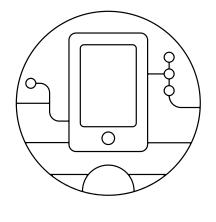


1 minute: Selfreflection



2 minutes: Groups of 2 4 minutes:

Groups of 4



Big Screen/ Microphone share

1-2-4-AII



When To Use?

Good for LARGE GROUPS

Supports DIFFERENT LEARNING/EXPRESSION STYLES

You need to BUILD BUY-IN or consensus

Helps TRANSITION from delivering content to taking action

Strategies for Success

MAINTAIN self-reflection for the full minute

ENFORCE time limits

ENCOURAGE different means of expression

DEFER judgment

Time required: 14 minutes

Considerations

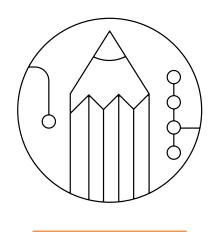
RESIST moving from idea generation to problem-solving

REQUEST new ideas only be shared—limit to 2-4

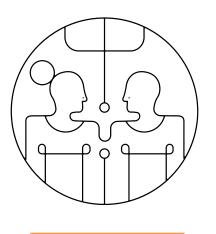
Identify a RECORDER to capture big groups

"I know change is possible because I have experienced..."

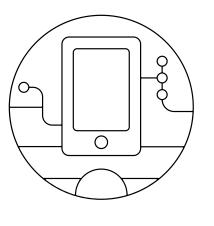




1 minute: Self-reflection



2 minutes:
Groups of 2
4 minutes:
Groups of 4



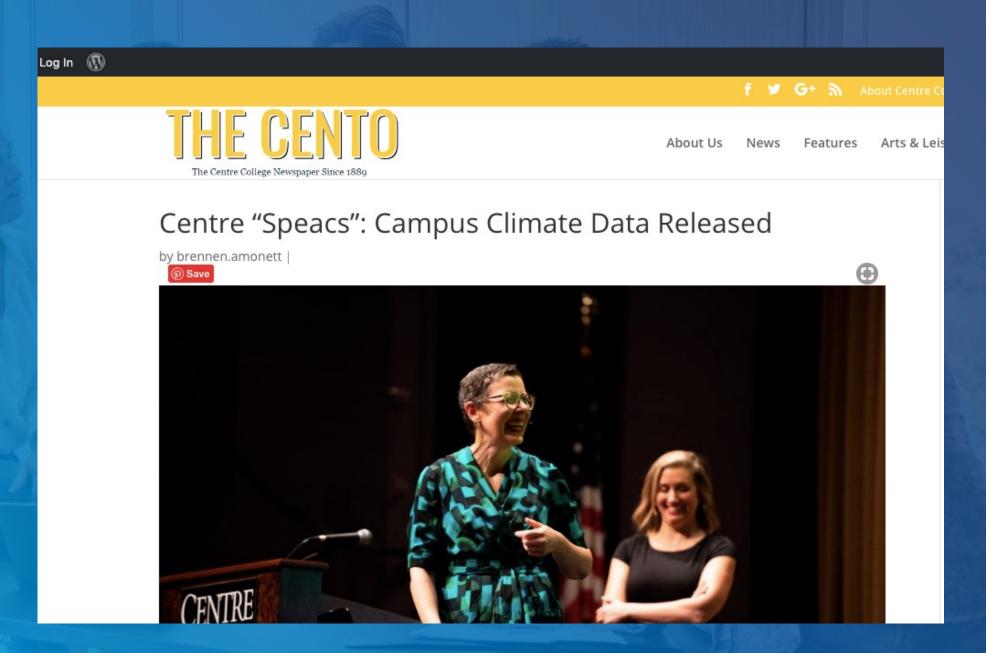
4 minutes:
Big Screen/
Microphone share

Use Case Spotlight: Centre College



"If you had told me that we would have this convo . . . my freshman year, I wouldn't have believed you...it wasn't a visible issue"

Olivia Renfro, Centre College student



25/10 Crowd-Sourcing



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GENERATE and **SORT** ideas

Elicit BOLD IDEAS without judgment

To SPRINGBOARD into action

Strategies for Success

EXPLAIN and DEMONSTRATE the card-pass option

CLOSE with Group REFLECTION

REFRAIN from judgment

Considerations

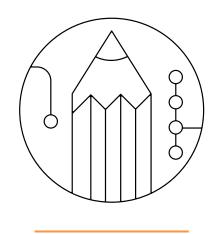
Need LARGER SPACE to facilitate

Ranking can be SOLO or PAIRED activity

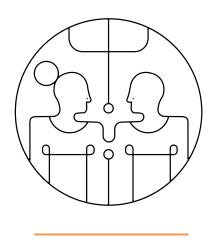
It is supposed to be FAST—ideas can be later refined

How Can We Share Positive Insights From Campus Data to Increase Student Engagement?







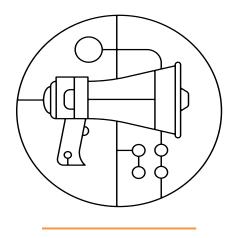


Mill and Pass until 1.

Bell Rings.

2. When Bell Rings,

Read and Rank 1-5



After 5 rounds,
Tally-up Score On
Back of Card

Use Case Spotlight: University of Michigan



SAPAC conference draws student activists from 14 colleges across the state



"We are trying to use our collective activism to make our respective communities stronger. So we are doing a lot of activities that involve networking, coming up with different ideas."

Emma Zorfass, U-M student



